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PROGRAMMA SVOLTO

CLASSE	1BLS	**DISCIPLINA**	INGLESE
DOCENTE	Prof. GALBIATI ELENA	**A.S.**	2025/2026

Libro di testo: Spiazzi, Layton, Tavella, Fiordiliso, **PERFORMER B1 PHASES Essential**, *Zanichelli*

Starter Unit – GETTING STARTED

- **grammar**: subject pronouns; to be – present and past simple of BE; regular and irregular plurals; have got – present simple; possessive case; possessive adjectives and pronouns; can for ability, possibility, permission and requests; question words; this/that; there is /there are; prepositions of place; prepositions of time; object pronouns; articles (definite and indefinite); adjectives; imperatives; some/any/no; must for obligation and prohibition;
- **vocabulary**: countries and nationalities; everyday objects, colours; physical appearance; days, months and seasons; dates; cardinal and ordinal numbers; personal possessions and the bedroom; places in town; shops; directions; telling the time;
- **reading**: "Ava meets Noah"; "My space";
- **speaking**: introductions and greetings; asking for and giving personal information; describing your family; making requests/asking for permission; telling the time; describing your room; asking for and giving street directions; talking about position; talking about possession; talking about appearance;
- **writing**: describing your house; asking for and giving street directions;

Unit 1 – DAY IN, DAY OUT

- **vocabulary**: daily routine; free-time activities; chores; free-time activities idioms and collocations;
- **grammar**: present simple – affirmative, negative and interrogative; adverbs and adverbial phrases of frequency; present simple – question words; verbs of like and dislike + -ing;
- **speaking**: making arrangements; plans for the weekend;
- **reading**: "Do they have a healthy routine?"; 'Cool things to do in London at weekends';
- **listening***:* plans for the weekend; free-time activities;

Unit 2 – IT'S A MATTER OF STYLE

- **vocabulary**: Clothes; accessories; footwear; Jewellery; Materials and patterns; adjectives for clothes; shops and shopping; prices; phrasal verbs and idioms;
- **grammar**: Present continuous; Present simple vs present continuous; Stative verbs;
- **speaking**: at the clothes shop;
- **reading**: "Shopping for teens in London"; Sustainable fashion;
- **listening***:* What's your style?; Shops and shopping; going shopping;
- **writing:** dialogue in a clothes shop;

- **Educazione Civica:** *Sustainable Fashion*: Agenda 2030 - Goal 12: Responsible Consumption and Production

Unit 3 – MY CUP OF TEA

- **vocabulary**: Food & drinks; Portions & containers; Food preparation & ways to cook; menu;
- **grammar**: countable and uncountable nouns; some /any / no; how much…?/how many…?/ a lot of/much/many/ (a) few/(a) little; too much/too many/ not enough;
- **speaking**: describing how to cook a dish; ordering food; talking about food habits;
- **reading**: Delicious easy brownies;
- **listening**: What are your food habits?;
- **writing**: writing a sustainable recipe;
- **Educazione Civica:** *Sustainable Cooking*: Agenda 2030-Goal 2: Zero Hunger; Goal 12: Responsible Consumption and Production

Unit 4 – THIS IS US

- **vocabulary**: family; celebrations; phrasal verbs and idioms; types of families;
- **grammar**: past simple regular and irregular verbs; past time expressions;
- **speaking**: talking about a family event;
- **reading**: "Saving family memories"; "Cultures and celebrations"
- **listening***:* "A modern family"; Watching a video: "A surprise party"; Reacting to information;

Unit 5 – GET IN THE GAME

- **vocabulary**: sports; go/play/do + sport; sports venues; sports equipment;
- **grammar**: Past simple of modal verbs: Could and Had to; subject and object questions; adverbs of manner;
- **reading**: "Who knows these sports?";
- **speaking***:* talking about sports, sports equipment and abilities;
- **listening***:* Dialogue: talking about ability and possibility; sports for teenagers;
- **Educazione Civica:** *The power of sport*: Agenda 2030 - Goal 10: Reduced inequalities;

CULTURE

- The history of Halloween;
- Cultures and celebrations around the world;

CITIZENSHIP

- Sustainable cooking and eating: eat healthily and reduce food waste;
- Food habits;
- Creating a sustainable recipe (group work);
- The power of sport (the importance of sport for our physical and mental health);

Cesano Maderno, 04/06/2026	Firma Docente	
Firme di due studenti		